

May 14, 2013

To whom it may concern:

As a domestic athlete competing in lacrosse, you are not required to have a TUE application approved prior to using a prohibited substance. Instead, you must go through a Medical Review following the event of a positive result from a doping control test.

For a Medical Review, you must maintain a medical file which includes the following information:

- documentation that confirms a medical diagnosis was made by a licensed physician prior to sample collection;
- a prescription signed by a licensed physician prior to sample collection consistent with the finding; and
- confirmation that you are being followed and monitored by a licensed physician and are following a treatment plan that is appropriate for the diagnosis.

Four to six weeks following a doping control test you may be asked by the CCES, or your national sport organization, to submit a Medical Review application for your specific medication. At that time, you will be required to submit a complete Medical Review application form and the previously listed information within a specified time frame.

If at any time you are added to the CCES Registered Testing Pool (RTP), your International Federation's (IF) RTP, attend an international event or participate in one of the Canadian national championships identified here by the CCES - [www.cces.ca/en/medicalsportlist](http://www.cces.ca/en/medicalsportlist) - it is your responsibility to ensure that you meet any additional TUE requirements imposed by the CCES or your IF.

For more information regarding medical exemptions please visit [www.cces.ca/en/medical](http://www.cces.ca/en/medical) or to review your medical exemption requirements use the CCES Medical Exemption Wizard [www.cces.ca/mewizard](http://www.cces.ca/mewizard).

If you have any questions, or require further clarification, please do not hesitate to contact me.

Regards,

Lisa Spina

**Our Vision:**

*Sport in Canada that is fair,  
safe and open to everyone*

**Notre vision :**

*Le sport canadien est juste,  
sécuritaire et ouvert à tous*

**Lisa Spina**

Athlete Services and Education Coordinator  
Coordonnatrice des services aux athlètes et  
éducation

+1 613 521 3340 x3205

[ls pina@cces.ca](mailto:ls pina@cces.ca)